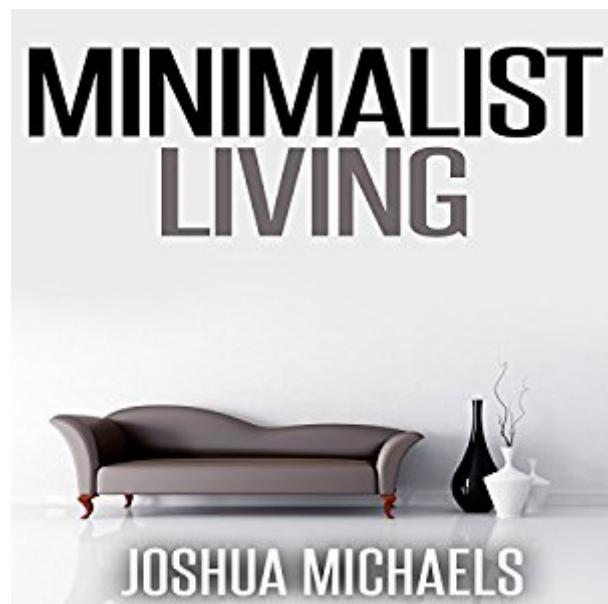


The book was found

# Minimalist Living: Simplify, Organize, And Declutter Your Life



## Synopsis

Simplify Your Life, Reduce Stress, and Increase Your Happiness This audiobook will introduce you to the minimalist lifestyle and provide you with strategies that you can apply in your life. Not only will you learn how to simplify, organize, and declutter your physical and external world, but you will also learn various techniques to simplify, organize, and declutter the internal aspects of your life as well.

**Practical Tips for Organization** Even though minimalism is more than just limiting and organizing your possessions, those points do need to be addressed. In the upcoming chapters you'll be given specific steps to help you gain control over your space and possessions. Don't worry, this isn't one of those preachy, "you must give away everything you own except for exactly 50 items" type of books. This book is here to remind you of the things you already know, give you some specific tips that point you in the right direction, and encourage you along the way. It's more important for you to start reaping the benefits of a minimalist lifestyle, than it is to try to live by some arbitrary and rigid set of rules. Minimalism is not just about things, it's about living! If you feel at all overwhelmed, chaotic, or stressed know that there is hope. When you set out to simplify your life in meaningful ways you will find that you have a better, happier, and more fulfilling journey ahead of you. It does come at a cost, even though temporary. You must be willing to take the necessary steps to rid your life of what has been holding you back and bringing stress into your life. No matter how great your life is today, you can make it better with just a little bit of conscience effort -and it will be worth it.

## Book Information

Audible Audio Edition

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## Customer Reviews

This was very helpful with many detailed, practical tips! so glad I stumbled upon this gem! tips broken down by area and presented in an easy to read list.

Changing my life. Impacting.

Great tips for minimalist living. I totally agree with this philosophy- it's not what we have, it's how we live...

I found this to be very basic and it lacks any true insightful content. Unless your life and home are in chaos what is suggests is of little value.

I was bored.

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The Joy of Less, A Minimalist Living Guide: How to Declutter, Organize, and Simplify Your Life Minimalist Living: Simplify, Organize, and Declutter Your Life Easy Minimalist Living: 30 Days to Declutter, Simplify and Organize Your Home Without Driving Everyone Crazy The Ultimate Minimalist Guide to Declutter and Simplify Your Life in 7 Days Organize Your Life, How To Be Organized, Productive & Happier In Life, Declutter Your Home and Be Productive at Work. (How to plan your life, Get Organized Book 1) Minimalism: How To Declutter, De-Stress And Simplify Your Life With Simple Living Organize Now!: A Week-by-Week Guide to Simplify Your Space and Your Life Out of Sight - Out of Mind: Declutter and Organize Every Facet of Your Life The Minimalist Budget: A Practical Guide On How To Save Money, Spend Less And Live More With A Minimalist Lifestyle Organization: The 7 Habits to Organize Your Day, Productivity, and Focus (organization, success, efficiency, declutter, focus, productive, mind control) Time to Get Things Done: Beat Procrastination, Stop Being Lazy, Take Actions, and Master Your Life in 24 Hours (2nd Edition) (Organize Yourself, Organize ... Self Organization, To Do List Book 6) Small House Living: How to Improve Your Finances, Declutter Your Life and Be Happier by Living in a Small House Living with Less: Discover the Joy of Less and Simplify Your Life Frugal Living: 55 Tips to Save Money! Enjoy Living on a Budget, Become Debt Free, and Have Complete Financial Independence (Frugal Living Books, frugal living for dummies, frugal living made simple) Build Awesome Command-Line Applications in Ruby 2: Control Your Computer, Simplify Your Life The 8 Minute Organizer: Easy

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